



Dear PEPS Community,

The past year has provided PEPS with many opportunities to move towards our vision of resilient families, connected communities, and equitable outcomes in new ways — and to really re-envision what connection and support can look like for parents.

We'll be carrying forward the lessons from 2020 as we work towards our [strategic direction](#) by deepening the conversation on the impact of racism and oppression and planting seeds for parents to [build anti-racist families](#). We will continue to invest in preparing our Group Leaders to lead PEPS Groups inclusively.

We know this work is critical every day. The increase in hate crimes and violence against our Asian community, including the violent white supremacist attack on Asian women in Atlanta is devastating. To Asian members of our Staff, Board, Group Leaders and greater PEPS community, we see you, value you and love you.

This work is often uncomfortable. Yet when we get uncomfortable, when we strive to do better and to grow — there is no limit to what we can do together.

Our children deserve a better world. So do we.

In community,

A handwritten signature in black ink that reads 'Dana'.

Dana Guy
Executive Director, PEPS
danag@peps.org

Resources & Inspiration

How to be an Ally for our Asian-American community

- An [online children's book](#) on fighting Anti-Asian racism during COVID-19
- A list of [9 children's books](#) to combat Asian racism with tips to raise anti-racists
- Resources for [supporting kids](#) through racialized violence from EmbraceRace
- Asian Americans Advancing Justice has [Bystander Intervention trainings](#) to stop anti-Asian American harassment and xenophobia.
- [How parents can support kids through this wave of anti-Asian violence](#)

PEPS Community Benefit — Resilient Together

More than 300 people joined us at our Annual — and first-ever virtual! — Benefit event to enjoy an evening of connection and conversation. We made space for inspiration and attendees learned about how PEPS is expanding programs, partnering with local and out-of-state organizations, and innovating to create inclusive communities for more parents.

Missed our event? Hear from [families who recently participated in our pilot programs](#), watch the [whole program](#) and [join our giving community to invest](#) in our work!

Estate Planning for Social Change

Estate planning lawyer, Megan Gebhardt of Gebhardt Law Office, shares how families can live their values and support social change through their will. *(Estimated reading time: 4 min)*

[Read More](#)

Let's Talk About: Health and Reproductive Rights

Join UW Medicine experts for an honest talk about how reproductive rights and health are inextricably linked, covering everything from contraception and family planning to abortion and reproductive justice.

March 31, 2021 at 11a.m. PDT

[Register here](#)

The Vaccine and Domestic Employers

Hand in Hand shares suggestions on how families can best address and support the domestic workers they employ in response to the COVID-19 vaccine. *(Estimated reading time: 2 minutes)*

[Read More](#)

[The Maternal Coalition](#), a local BIPOC-led nonprofit is based on a mission to ensure that all pregnant and parenting people have access to equitable and just care during all points of pregnancy and through their first year of postpartum.

"Our COVID-19 Vaccine education allows birthing people to make decisions that are best for them regarding the COVID-19 Vaccine. Understanding how the vaccines work, what the risks are, and how to make a decision is important...we want birthing and lactating people to feel supported."

Check out the [COVID-19 Birth Rights and Education Toolkit](#) they have developed to answer questions in the perinatal period due to COVID-19! Spanish, Somali, Mandarin, and Amharic translations are also available.

Enjoyed this email?

Forward it to your friends and let them know they can [sign up here](#).

Visit PEPS Sponsors & Partners



[Childish Things](#) is a large childrens' shop in North Seattle with tens of thousands of new-to-you items for ages preemie to 8/10, along with a maternity and nursing selection. You'll find clothes, shoes, books, toys, gear, accessories and more!



[ABOUT](#) [GROUPS](#) [VOLUNTEER](#) [DONATE](#) [OUR STORIES](#)

Program for Early Parent Support
4649 Sunnyside Avenue North, # 324, Seattle, WA 98103-6900