

Queen Anne Neighbors

Meet Marge & Larry:

**The Best Culture
Vultures in
Queen Anne**



PEPS Was the BEST Choice We Made as New Parents

Contributed by Program for Early Parent Support

“Those who are happiest are those who do the most for others.”

-Booker T. Washington

Find Connection, Resources and support in a PEPS Group —JOIN A PEPS GROUP!

PEPS (Program for Early Parent Support) is a local Seattle organization that supports new parents. We make it easy to connect, face-to-face with other new parents who live nearby and have babies close in age. Queen Anne is a great neighborhood for PEPS – there are 18 groups scheduled and open for registration for families in the Queen Anne/Magnolia neighborhoods from May until December of this year.

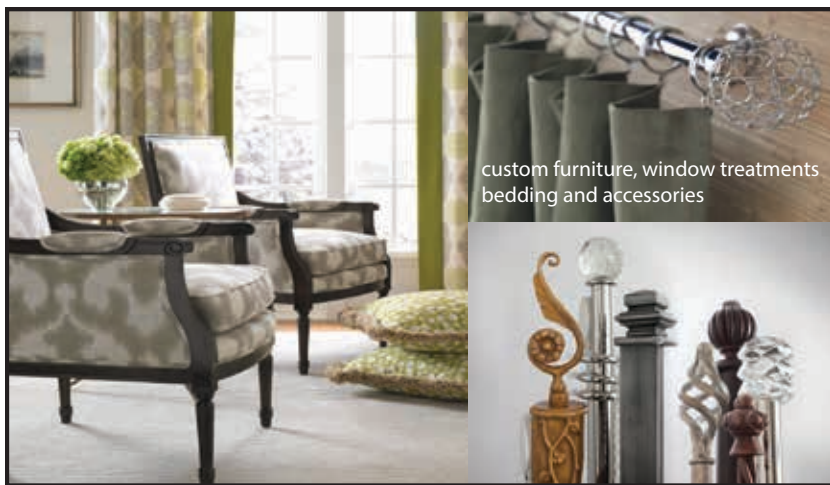
PEPS has more than 30 years of experience facilitating community, connections and parent confidence in the early weeks and months of becoming a new parent. Parents can find and register for groups in Queen Anne based on their baby's expected arrival



date. We recommend you sign up as soon as possible—groups fill fast.

PEPS Groups Are Fun and Social.

PEPS was born in Seattle more than 30 years ago and for many parents, a PEPS Group becomes a supportive community that lasts a lifetime. Currently we serve more than 3,000 parents in



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Seattle, the Eastside, and around King and south Snohomish County. Groups meet together for 12 weeks and follow a curriculum developed at PEPS, facilitated by trained volunteers. PEPS stands apart from other new parent groups with a focus on creating connections and community – factors that we know help strengthen families, increase family wellness, and prepare families to cope with life stresses. One parent said, “At PEPS, it’s okay to ask any and all ‘is this normal?!?’ questions!”

We have evening and daytime groups for 1 or 2 parents to attend with their newborn (2-16 weeks old). PEPS also offers Baby Peppers for 1 parent and their baby (5-12 months old), Little Peppers (for 2 children under age 3) and Second Time Around (2-16 weeks).

PEPS also has many volunteer Group Leaders in Queen Anne, as well as generous financial supporters – THANK YOU! Your support of PEPS is helping us reach and support more new families. To learn more about Volunteering for PEPS, please contact Cate Palmer at catep@peps.org. To give a gift that will support new parents, please contact Marion Mohrlök at marionm@peps.org.

For new and expecting parents, please register for a Queen Anne PEPS Group at www.peps.org



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