

— Growing Our Impact in 2021 —

One PEPS Group at a Time



PEPS provided comfort for me; knowing that because I was a parent of a newborn and I was a first-time parent, that I didn't know what I was doing, no one else knew what they were doing, and I felt comforted knowing that I wasn't the only person feeling alone or like I was doing something wrong.

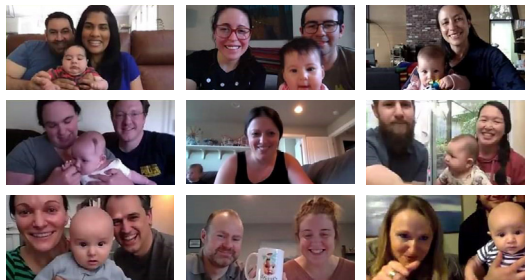
— 2021 PEPS participant



CONNECTED



- 2,019 parents in 167 virtual Newborn Groups
- 277 expectant parents in 22 virtual groups



Our Mission

Connecting parents to strengthen families and build community.



PROVIDED



Training, curriculum, and support to 17 partner organizations across the Puget Sound area and throughout the US to provide parent peer support programs to the communities they serve.

PILOTED



- 19 groups for Parents of Adolescents and Teens
- 3 groups for LGBTQIA+ parents
- 3 groups for single parents
- 1 group for parents caring for kids with developmental challenges or disabilities
- 189 parents served through pilot groups

Deepened our commitment to equity

This is ongoing, critical at work at PEPS that is weaved into everything we do. In 2021 we worked with consultants from Ascending Leadership to provide advanced training and support for Group Leaders to strengthen their skills facilitating the topic of Social and Racial Identity Development. We partnered with Families of Color Seattle (FOCS) to offer two workshops on Undoing Racism and Teaching Equity to our Children for the PEPS Community and contracted with FOCS to conduct an anti-bias review of our new parents of adolescents and teens program curriculum. We continued to invest in staff learning around anti-racism, ableism and more.

Invested in our staff and group facilitators

For our group facilitators, we offered in-depth facilitation trainings and implemented a new Learning Management System. For our staff, we provided flexibility, learning and growth opportunities and are continuously working on fostering a culture of care, learning and belonging.

Thank you to our financial supporters, group facilitators, and partners working with PEPS to ensure parents are supported and loved on their parenting journey. [We are very grateful for your investment.](https://www.peps.org)