

2024 Outcomes Report

PEPS served 3,865 parents across all PEPS Groups in 2024.



The PEPS Experience

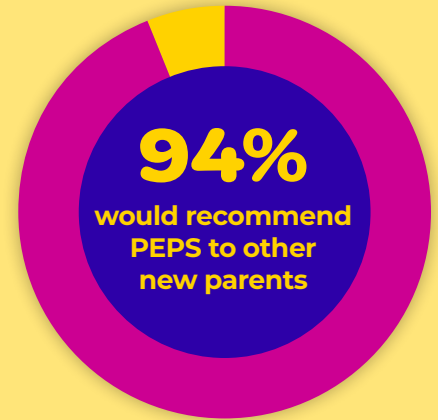
PEPS parents who completed the post-group survey (n = 518) rated their satisfaction and shared if they would recommend PEPS to other parents.

8.82

Average satisfaction rating

Scale: 1=low to 10=high

These findings suggest that most parents had a positive experience with their 2024 PEPS Groups.



The Impact on PEPS Families

The research-based [Strengthening Families™ framework](#) identifies five protective factors that are critical to family resilience and well-being. To measure the impact in these five factors, 184 parents rated how they felt they were doing in these areas before and after participating in their PEPS Group.

Respondents showed a positive increase in how they were feeling about their parenting before participating in PEPS to after in all five protective factors, most notably for child development and information support.

24% ↑
INCREASE IN
CHILD DEVELOPMENT
SUPPORT

22% ↑
INCREASE IN
INFORMATION SUPPORT

15% ↑
INCREASE IN
SOCIAL SUPPORT

10% ↑
INCREASE IN
PARENTING SUPPORT

8% ↑
INCREASE IN
EMOTIONAL SUPPORT

What parents had to say about how PEPS supported their parenting journey...

”

I've had a crew of cheerleaders to share the big and small joys with. This has provided me with useful perspective and helped me ride the waves of parenting with much more patience and grace.

”

I learned a lot by watching other parents play with and handle their baby during our sessions.



”

The group became a space for open and honest discussions, which helped me gain perspective, reassurance, and practical advice.

Learn More

This Outcomes Summary focuses on families who participated in the Newborn, Second Time Around, and Baby Peppers programs. Read more about all the ways PEPS supports families and the impact of PEPS programs in our [2024 Annual Report](#).