

Deepening Impact & Opportunities

2023 In-Progress Report (January - July)

Over the past few years, PEPS has leaned into innovation. In 2023, we've been integrating our learnings with a focus on program quality. Read on for examples of PEPS deepening our impact, and opportunities to help. **Thank you for your engagement as part of the PEPS community!**

Refining Program Expansion

- **The demand for in-person groups has grown significantly.** In response, we converted some virtual groups to in-person, added additional groups, and have re-launched groups meeting in homes!
- **We launched 4-week Parents of Adolescents & Teens (PAT) Groups** in addition to 9-week groups, in response to community, participant, and Leader feedback. We are confident this new series, focused on specific themes, will meet busy parents where they are.

Investing in Group Leaders

- **Recruiting in-person Group Leaders** has been challenging and limits how many groups we can offer. PEPS staff and Group Leaders have stepped up to lead additional groups and recruit more Leaders.
- **Investments in Group Leader** trainings, mentorship, and advanced facilitation opportunities have strengthened the Group Leader experience.
- **Ongoing recruitment efforts** have resulted in 88 new Group Leaders this year.



PARENTS OF ADOLESCENTS & TEENS (PAT) PARTICIPANT

Thank you for being a consistent presence in my parenting journey. PEPS was there for me as I became a parent, and again as I became a parent of a teen for the first time. Both feel equally important and vulnerable, and I cannot thank you enough for the support during these times of transition.



Increasing Equitable Access

- **In the last legislative session,** PEPS leveraged our community in support of bills to [improve outcomes for all families](#) in our state.
- **We've been working alongside 9 Community Partners** to adapt the PEPS curriculum, train leaders within their organizations, and bring parent peer-support to more communities.
- **Identity-based Affinity Groups** are growing and evolving. The LGBTQIA+ affinity group is now a program offered quarterly. We continue running free pilot groups for Working Moms and Single Parents.

Strength from our Community

- **PEPS Celebrated our 40th Birthday** with 500+ friends at our Annual Luncheon in May. Thanks to the incredible outpouring of support, we exceeded our fundraising goals, secured 21 Sustainer Circle commitments, and had dozens of guests volunteer to be Group Leaders or join our Advisors & Ambassadors Network.
- **We launched our new brand** after significant input from the PEPS community and support from an outside agency! Our new look and tagline communicates PEPS as a welcoming and inclusive organization, holding space to support parents and families in their growth.

We always love to hear from you. Connect with us – email peps@peps.org or (206) 547-8570.



HOW YOU CAN HELP

- ✓ **Share the new 4-week PAT program** with parents of adolescents and teens!
- ✓ **Sign up for a Group Leader training** or connect to learn more about leading an in-person group!
- ✓ **Subscribe** to our advocacy emails and use your voice for equitable policy change.
- ✓ **Join the Sustainer or Monthly Donor Circles** to fuel current and future programs.



JASON M., GROUP LEADER

Being a PEPS Leader has made me a better facilitator, a more empathetic listener, and a more inclusive people manager.

