

2022 Outcomes Report

PEPS served 3,505 parents across all PEPS Groups in 2022



The PEPS Experience

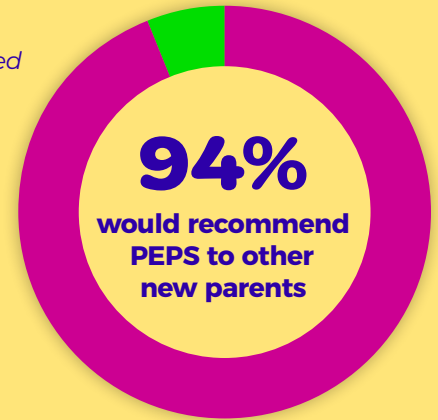
PEPS parents who completed the post-group survey (n = 496) rated their satisfaction and shared if they would recommend PEPS to other parents.

8.61

Average satisfaction rating

Scale: 0=low to 10=high

These findings suggest that most parents had a positive experience with their 2022 PEPS Groups.



2022 NEWBORN GROUP PARTICIPANT

Connecting with other parents going through a similar experience. I also appreciated parts of the curriculum and definitely learned a lot as a first-time parent.

The most valuable aspect of my PEPS Group was...

2022 NEWBORN GROUP PARTICIPANT

...building relationships and information on milestones and parenting.



2022 NEWBORN GROUP PARTICIPANT

...meeting other parents in my area. That was the main reason we joined, and we've started developing a community of parents. We have plans to continue to meet and have met in person several times.

2022 SECOND TIME AROUND GROUP PARTICIPANT

Community, sharing hard experiences, seeking wisdom from other parents, ongoing WhatsApp text group. Connection.

The Impact on PEPS Families

The research-based **Strengthening Families™ framework** identifies five protective factors that are critical to family resilience and well-being. To measure the impact in these five factors, 248 parents rated how they felt they were doing in these areas before and after participating in their PEPS Group.

Respondents showed a positive increase in how they were feeling about their parenting before participating in PEPS to after in all five protective factors, most notably for child development support.

26% ↑
INCREASE IN
CHILD DEVELOPMENT
SUPPORT

15% ↑
INCREASE IN
INFORMATIONAL
SUPPORT

10% ↑
INCREASE IN
SOCIAL SUPPORT

10% ↑
INCREASE IN
PARENTING SUPPORT

8% ↑
INCREASE IN
EMOTIONAL SUPPORT

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This Outcomes Summary focuses on families who participated in the Newborn, Second Time Around, and Baby Peppers programs. Read more on the impact of PEPS Programs and learn about the PEPS vision for parent support at www.peps.org.