The PEPS Experience

PEPS parents who completed the post-group survey (n = 496) rated their satisfaction and shared if they would recommend PEPS to other parents.

8.61

Average satisfaction rating
Scale: 0=low to 10=high

These findings suggest that most parents had a positive experience with their 2022 PEPS Groups.

94%

would recommend PEPS to other new parents

The Impact on PEPS Families

The research-based Strengthening Families™ framework identifies five protective factors that are critical to family resilience and well-being. To measure the impact in these five factors, 248 parents rated how they felt they were doing in these areas before and after participating in their PEPS Group.

Respondents showed a positive increase in how they were feeling about their parenting before participating in PEPS to after in all five protective factors, most notably for child development support.

26% INCREASE IN CHILD DEVELOPMENT SUPPORT
15% INCREASE IN INFORMATIONAL SUPPORT
10% INCREASE IN SOCIAL SUPPORT
10% INCREASE IN PARENTING SUPPORT
8% INCREASE IN EMOTIONAL SUPPORT

Learn More

This Outcomes Summary focuses on families who participated in the Newborn, Second Time Around, and Baby Peppers programs. Read more on the impact of PEPS Programs and learn about the PEPS vision for parent support at www.peps.org.