To better understand how PEPS can adapt to be more accessible and responsive to underserved communities, we conducted an organizational assessment in 2019, getting input from parents and community-based organizations across all 3 of our regions in the community to learn about how we can better show up for families in our region.

Parents shared with us the biggest barriers to PEPS — including the program fee, that we host many of our groups in homes, and that we offer English-only groups. We’ve taken action to break down these barriers by offering Flexible Pricing, providing more groups in community sites, and translating our curriculum into Spanish. We also learned about the larger challenges we’re all facing - like access to affordable childcare, housing and transportation.

Everything we’ve learned has shaped our path forward and the outcomes of this assessment have and continue to inform our work.

All parents need social support
All parents need quality affordable childcare
Low income parents need affordable housing
Low income parents need access to basic needs
Immigrant and refugee parents need translation and language support
Teen moms need to feel less judged by community members and access to transitional housing

COMMUNITY PERCEPTIONS OF PEPS MODEL

POSITIVE

GROUP SIZE

GROUP LEADERS

NEW MOMS ONLY GROUPS

NEIGHBORHOOD-BASED GROUPS

COUPLE ONLY GROUPS

CLOSED GROUPS

THREE-MONTH GROUPS

ENGLISH LANGUAGE GROUPS

HOSTING IN HOMES

PROGRAM FEE

NEGATIVE

neutral perception

Positive and negative perception

Neutral perception

NEGATIVE

PILOT GROUP* PARTICIPANT FEEDBACK

*Partnerships with Open Arms serving spanish-speaking moms and with Cocoon House, Crossroads High School, and Compass Health serving teen moms

I didn’t know there was other mothers in this school and now I can talk to these mothers and know that they have babies and if I need advice, I can just come up to them like, Hey, help me out. Do you have some advice?

—I Cocoon House Focus Group Participant

I was a first time mother, and because you’re in a different country and you don’t know how the systems work, it helps me get out of the house and it is good for me and my daughter to socialize with others.

—Open Arms Focus Group Participant

I didn’t know where to go when I was pregnant, but coming to PEPS, they’d pass their babies around, hold them, and they taught me some ways to parent [my daughter] and read her books and stuff like that.

—I Cocoon House Focus Group Participant

COMMUNITY NEEDS

Next Steps for PEPS

Engage in advocacy efforts to improve family outcomes
Invest in and collaborate with partners to deliver effective groups

Explore further adaptations to accessible fee structure
Offer groups in languages other than English

Pay more attention to identity and intersectionality in programming
Continue to embed racial equity into all parts of PEPS

Ensure local leadership and accessible community sites for groups

Strong interest in developmental moment and learning about babies

The group DEVELOPED TRUST

Moms felt SUPPORTED AND INCLUDED in a community

NON-JUDGMENTAL

CONNECTIONS WITH PARENTS continued after the group ended