

# SITTER NOTES

The village is a phone call away

## FAMILY CONTACT INFORMATION

Family Name(s)

Address

Home Phone Number

Cell Phone

Other

Email

## IN CASE OF EMERGENCY

**In an emergency, dial 9-1-1.** Stay calm and do not hang up until told to do so.

**Poison Control:** 1-800-222-1222

Name

Phone Number

Name

Phone Number

Doctor/Healthcare Provider Name

Phone Number

Medical Insurance Information

Dentist Name

Phone Number

Dental Insurance Information

## ABOUT THE CHILDREN

Child's Name

Age

Weight

Allergies

Existing Medical Conditions

Current Medications

Child's Name

Age

Weight

Allergies

Existing Medical Conditions

Current Medications

Child's Name

Age

Weight

Allergies

Existing Medical Conditions

Current Medications

**Before taking care of the children, we will talk about:**

- House Rules  Bedtimes  Meals and Snacks  Pets  Health problems or allergies  Other things I should know

**SEATTLE CHILDREN'S URGENT CARE**  
Bellevue | Everett | Federal Way | Seattle

[www.seattlechildrens.org/clinics/urgent-care-clinic](http://www.seattlechildrens.org/clinics/urgent-care-clinic)

**Weekdays:** 4 p.m. to 10:30 p.m.

**Weekends:** 11 a.m. to 8 p.m.

Our 4 Urgent Care locations are open 7 days a week, including holidays. Walk-ins welcome and same day appointments available.



**Seattle Children's**<sup>®</sup>  
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