

SITTER NOTES

The village is a phone call away

FAMILY CONTACT INFORMATION

Family Name(s) _____

Address _____

Home Phone _____ Cell Phone _____ Other _____

Email _____

IN CASE OF EMERGENCY

In an emergency, dial 9-1-1. Stay calm and do not hang up until told to do so. **Poison Control:** 1-800-222-1222

Name _____ Phone Number _____

Name _____ Phone Number _____

Doctor/Healthcare Provider Name _____ Phone Number _____

Medical Insurance Information _____

Dentist's Name _____ Phone Number _____

Dental Insurance Information _____

ABOUT THE CHILDREN

Child's Name _____ Child's Name _____ Child's Name _____

Age _____ Weight _____ Age _____ Weight _____ Age _____ Weight _____

Allergies: _____ Allergies: _____ Allergies: _____

Existing Medical Conditions: _____ Existing Medical Conditions: _____ Existing Medical Conditions: _____

Current Medications: _____ Current Medications: _____ Current Medications: _____

Before taking care of the children, we will talk about:

- House Rules
- Bedtimes
- Meals and Snacks
- Pets
- Health problems or allergies
- Other things I should know

SEATTLE CHILDREN'S URGENT CARE
Bellevue | Everett | Federal Way | Seattle

www.seattlechildrens.org/clinics/urgent-care-clinic

Weekdays: 4 p.m. to 10:30 p.m. | **Weekends:** 11 a.m. to 8 p.m.

Our 4 Urgent Care locations are open 7 days a week, including holidays. Walk-ins welcome and same day appointments available.



Seattle Children's[®]
HOSPITAL • RESEARCH • FOUNDATION