

# SITTER NOTES

THE VILLAGE IS A PHONE CALL AWAY

## FAMILY CONTACT INFORMATION

Family's Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Other \_\_\_\_\_

Email \_\_\_\_\_

## IN CASE OF EMERGENCY

**In an emergency, dial 9-1-1.** Stay calm and do not hang up until told to do so.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Doctor/Healthcare Provider Name

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Medical Insurance Information

\_\_\_\_\_  
Dentist Name

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Dental Insurance Information

**Poison Control:** 1-800-222-1222

## ABOUT THE CHILDREN

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_ Allergies \_\_\_\_\_

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_ Allergies \_\_\_\_\_

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_ Allergies \_\_\_\_\_

### Before taking care of the children, we will talk about:

- House Rules
- Bedtimes
- Meals and Snacks
- Pets
- Health problems or allergies
- Other things I should know

## SEATTLE CHILDREN'S URGENT CARE

Main Campus | Bellevue | Federal Way | Mill Creek

<http://www.seattlechildrens.org/clinics-programs/urgent-care-clinic>

**Weekdays:** 5 p.m. to 10:30 p.m.

**Weekends:** 11 a.m. to 8 p.m.

**Holidays:** 11 a.m. to 8 p.m.

No appointment or referral needed.

