

SITTER NOTES

The village is a phone call away

FAMILY CONTACT INFORMATION

Family Name(s) _____

Address _____

Home Phone Number _____ Cell Phone _____ Other _____

Email _____

IN CASE OF EMERGENCY

In an emergency, dial 9-1-1. Stay calm and do not hang up until told to do so.

Poison Control: 1-800-222-1222

_____	_____
Name	Phone Number
_____	_____
Name	Phone Number
_____	_____
Doctor/Healthcare Provider Name	Phone Number
_____	_____
Medical Insurance Information	
_____	_____
Dentist Name	Phone Number
_____	_____
Dental Insurance Information	

ABOUT THE CHILDREN

_____	_____	_____	_____
Child's Name	Age	Weight	Allergies
_____	_____	_____	_____
Existing Medical Conditions			Current Medications
_____	_____	_____	_____
Child's Name	Age	Weight	Allergies
_____	_____	_____	_____
Existing Medical Conditions			Current Medications
_____	_____	_____	_____
Child's Name	Age	Weight	Allergies
_____	_____	_____	_____
Existing Medical Conditions			Current Medications

Before taking care of the children, we will talk about:

- House Rules
- Bedtimes
- Meals and Snacks
- Pets
- Health problems or allergies
- Other things I should know

SEATTLE CHILDREN'S URGENT CARE

Bellevue | Everett | Federal Way | Seattle

www.seattlechildrens.org/clinics/urgent-care-clinic

Weekdays: 4 p.m. to 10:30 p.m.

Weekends: 11 a.m. to 8 p.m.

Our 4 Urgent Care locations are open 7 days a week, including holidays. Walk-ins welcome and same day appointments available.

