

# PEPS

## New parent? New baby?

PEPS has groups that bring new parents together starting regularly!

Attend a free While You're Waiting Information Session or visit [www.peps.org](http://www.peps.org) to find out more.



**SIGN UP FOR A PEPS GROUP TODAY - [WWW.PEPS.ORG](http://WWW.PEPS.ORG)**

### **Newborn Groups**

For parents with babies 2-16 weeks old. Daytime or evening

### **Second Time Around**

For second time parents with babies 2-16 weeks old

### **Baby Peppers**

For parents and babies 5 - 12 months old

### **Little Peppers**

For families with a new baby (0-6 months when the group starts) and a toddler (age 3 or under).



Since 1983, PEPS (Program for Early Parent Support) has been connecting parents in neighborhood-based groups for newborns and older babies. With PEPS, parents create strong, healthy families with concrete support, social connections and parenting resources. PEPS is a 501(C)(3) nonprofit organization.