



## PARENT TALK LECTURE SERIES 2014

TUESDAY, 4/22

### **SURVIVAL SKILLS FOR NEW PARENTS**

Join us for a discussion on how to survive and thrive during the early days of being a new parent! We'll be addressing important topics that all new parents need to know. Bring your new or expectant parent questions and concerns, there will be time for Q & A! Presented by Leslie Butterfield, PhD, of Postpartum International of Washington, Lisa Mennet, PhD of Cooper House, and Cal D. Ledbetter, MA, LMHCA.

TUESDAY, 6/17

### **THE REAL SCOOP ON BEING A NEW DAD**

Our panel of local dads will provide some great information for new and expectant dads in a fun and informal environment! Presented by Colin Brissey, former PEPS Board President, Chris Casazza, MA, LMHC, a self-proclaimed "dadvocate", Jack Forman, bassist frontman for Recess Monkey, and SiriusXM DJ, and Jeff Lee, MD, physician and author.

WEDNESDAY, 9/10

### **GRACIOUS GRANDPARENTING**

Find your way to generational harmony. Whether a grandparent lives nearby or across the country, most witness significant differences between how they raised their children and how their children are raising theirs. Sometimes it's a tricky business making these relationships work harmoniously. This lecture is appropriate for new parents, new grandparents and parents and grandparents-to-be. Presented by Jan Faull, M. Ed.

WEDNESDAY, 11/5

### **6 STEPS TO CREATE YOUR WILL**

You are a parent. You know that you need a will should something happen to you. You have thought about creating a will, but... Learn how to create clear, simple documents to name a guardian for your children, give someone the power to manage your finances, name the personal representative and decide who gets what. Presented by Megan Gebhardt, Gebhardt Law Office.

**REGISTER AT [PEPS.ORG/PARENT\\_RESOURCES](http://PEPS.ORG/PARENT_RESOURCES)**

**Cost:** \$15 per lecture (or pay what you can) | **Time:** 7 p.m. | **Location:** Verity Credit Union Training Center, 11027 Meridian Ave N #102, Seattle

PRESENTED BY



PEPS (Program for Early Parent Support) developed the Parent Talk Lecture Series for parents and expecting parents to learn from experts on various parenting topics in a comfortable environment. **Lectures typically fill, so pre-registration is required.** Please note PEPS hopes to deliver informative content free of disruptions at our lectures. Babes in arms (under 6 mos.) are welcome, but we ask that crawlers and crooners stay home with a caregiver.